

DARTMOUTH HEALTH NURSING
NURSES WEEK GRAND ROUNDS

**HEALING THE HEALER:
A JOURNEY OF MEANING,
PURPOSE AND TRAUMA
STEWARDSHIP**

MAY 4, 2026

12:00 -1:00 PM

Alice Peck Day Memorial Hospital
Conference Room A and Webex
10 Alice Peck Day Drive
Lebanon, NH

This interactive session invites nurses to pause, reflect, and reconnect with what sustains them. Through guided self-inquiry and mindful practices, participants will explore trauma stewardship and rediscover meaning and purpose in their work.

Click [HERE](#) to join WebEx.

Meeting number (access code): 2348 497 7174

Meeting password: KGmGPJST745

Learning Objectives:

At the conclusion of this learning activity, participants will be able to:

1. Explore the concept of trauma stewardship and its relevance to nurses.
2. Identify personal strategies for sustaining meaning and purpose amidst caregiving-related stress and trauma.

Accreditation:

In support of improving patient care, Dartmouth Health is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC) to provide continuing education for the healthcare team.

Dartmouth Health designates this live activity for a maximum of 1.0 ANCC contact hours.

Presenter:
Cathy Alvarez, MA, BS, RN, AHN-BC, PCCN
Director, Graduate Certificate Program in
Holistic Nursing

